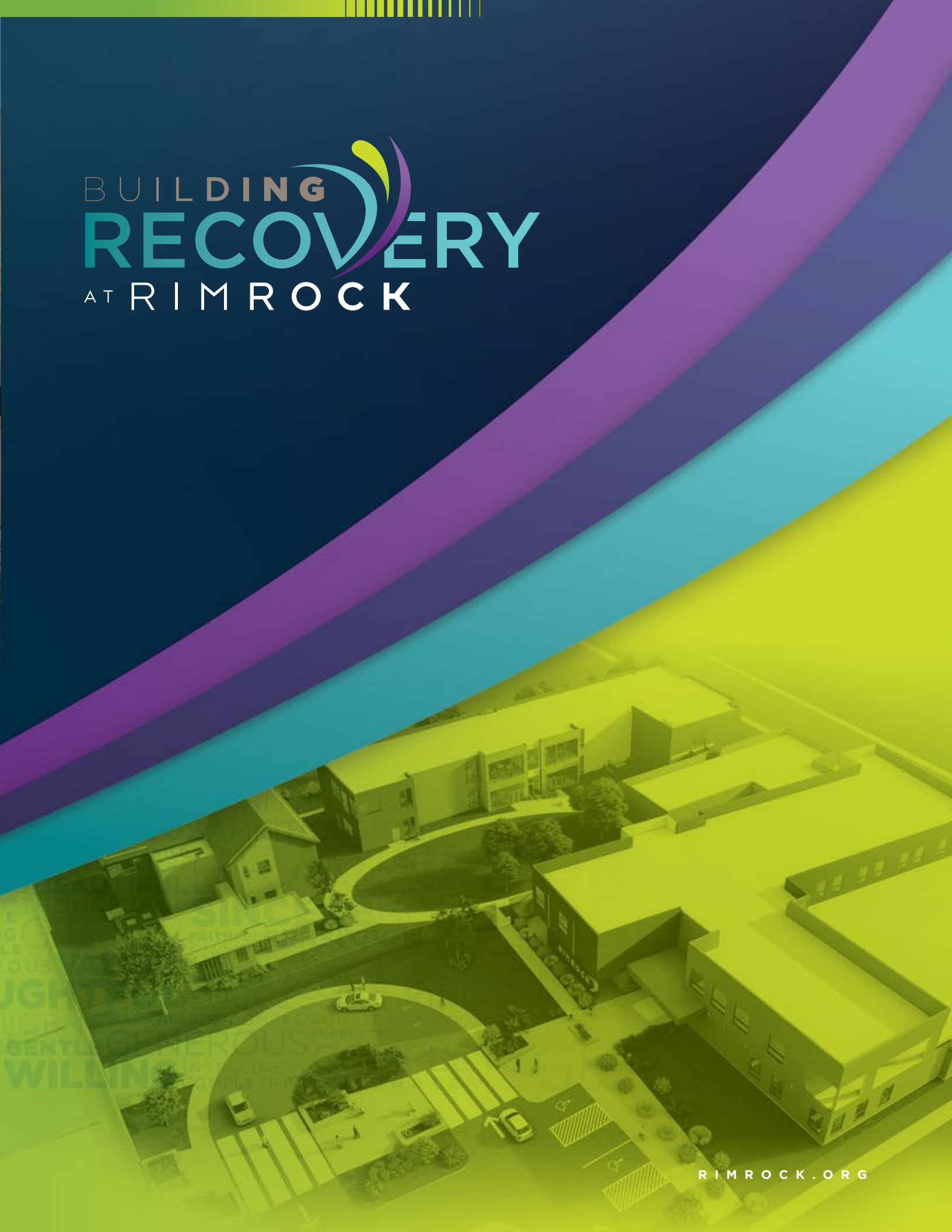
# BUILDING RECOVERY AT RIMROCK

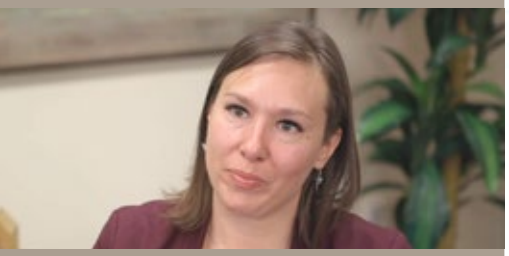


RIMROCK.ORG

# RIMROCK IS RECOVERY

*Rimrock is proud to have so many people on our staff who are living their lives in recovery.*

"People believed in me before I believed in myself."



***Mandy Nunes***
*Rehab Tech Supervisor*

"My life is now exactly what I hoped it would be."

***Andy Malby***
*Peer Support Specialist*

"If we can treat substance abuse, we can not only treat the individual, we can help treat our community."

***John Roberts***
*Sales Executive, PayneWest Insurance, Rimrock Board Director*

Since 1968, Rimrock has created opportunities for those impacted by addiction and mental illness through innovative, compassionate and life-changing care.

As the largest treatment provider in the Rocky Mountain West for substance use disorders (SUDs) and mental illness, Rimrock cares for the whole person and makes recovery possible. Last year alone, Rimrock helped nearly two thousand people find their way out of addiction, providing a path to a brighter future.

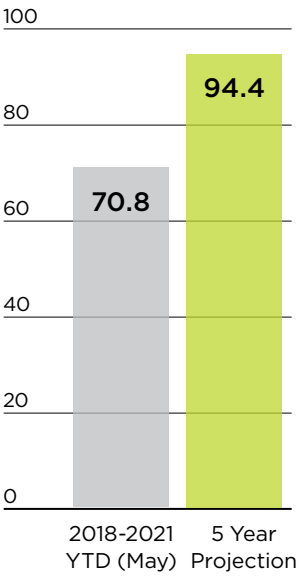
Rimrock provides life-changing care to our clients — care that addresses their unique social, physical, emotional and spiritual well-being. So much is changing in our world, and Rimrock continues to grow and evolve to meet the moment and our clients' needs.

When people come to Rimrock seeking help, they are often at the lowest point of their lives, facing the loss of relationships, employment, housing or even their freedom as a result of their addiction.

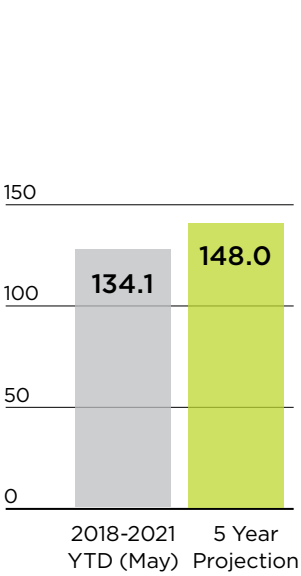
## RIMROCK SERVICES

- Substance Use Assessments
- Medical Detoxification
- Inpatient, Residential and Outpatient Services
- Aftercare
- Interventions
- Women with Children SUD Services
- Medication Assisted Treatment (MAT)
- Medication Management Programs
- Substance Abuse for Professionals (SAP)
- Peer Support
- Mental Health Services
- Family Therapy/Family Week
- Post Incarceration Services
- Rimrock Connect Telehealth
- PACT
- Treatment Courts
  - Felony and Misdemeanor DUI Court
  - Adult Municipal Co-Occurring Treatment Court
  - Veteran Court
  - Indian Child Welfare Act Treatment Court

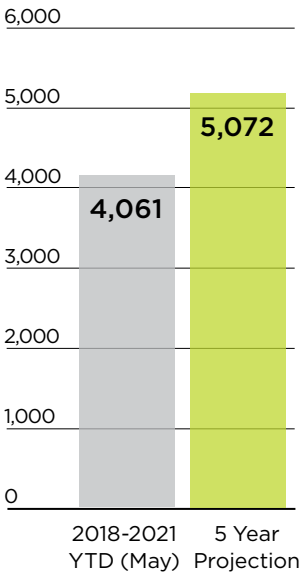
**Inpatient & Residential Services Average Daily Census**




**Day Treatment, Intensive Outpatient Programs, and Group Average Daily Census**




**All Other Outpatient Services Program Annual Admissions**



***Substance Use and Behavioral Health Issues Are on the Rise****:

**Statistically, nearly 11,000 people in Montana are in need of substance use treatment but are not receiving it. Untreated substance use and co-occurring mental health disorders impact our community in immeasurable ways.**

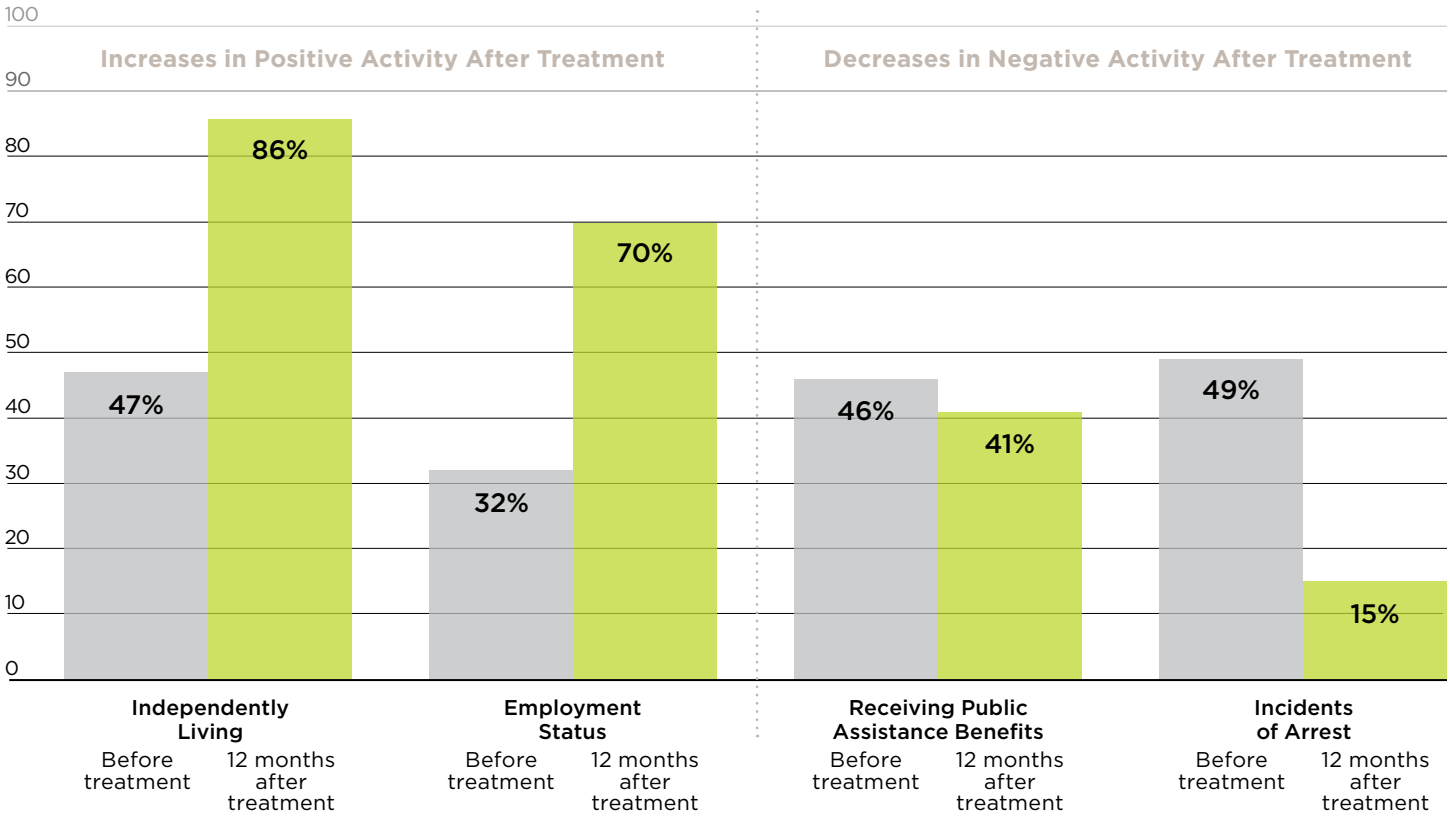
- *The number of positive methamphetamine tests among the probation and parole population **grew 865%** from 2010 to 2018*
- *Of the more than 20,000 calls to 911 in Yellowstone County, **more than 2,800** were for a behavioral health complaints*
- *From 2016-2018, Billings Clinic SUD-related visits **increased 130%** SCL Health's **increased by 28%***
- *The number of dependent neglect cases in the region **grew 149%** from 2014 to 2018 - **4 in 5 dependent neglect cases** in Yellowstone County have drug use indicated by one or more parents*
- ***64% of all child welfare cases** in the region involve methamphetamine use*

*Source: Substance Use in Yellowstone County: A Community Level Needs Assessment, June 2019, Substance Abuse Connect

"Police officers are not social workers. We rely very heavily on our partners, especially on the addiction and treatment side. The more people that we can get into treatment, the less people that law enforcement has to deal with, which benefits everybody."

***Rich St. John***
*Billings Police Chief*

## TREATMENT AT RIMROCK WORKS




***Twelve months post treatment, 87% of patients reported no drug or alcohol use since leaving treatment.***

***94% of clients said they would recommend treatment at Rimrock to their friends and family.***

"When Rimrock builds capacity to serve more people, we're not only benefited by reducing the crisis events in our community, but our overall health and wellness improves as a broader community."

*Tracy Neary*
*Vice President Human Resources & Mission Integration, SCL Health Montana Region*

## BARRIERS TO TREATMENT

Housed in former doctors' offices, Rimrock's current home was not designed for mental health or SUD treatment. Rimrock lacks the capacity to meet growing demand and technological advances in treatment. Billings needs a state-of the-art facility for behavioral health.

### Building Recovery at Rimrock… by Removing Barriers

The barriers of our current home start in the parking lot and continue through the entire infrastructure and design of our current building. By removing the barriers to treatment that our current facility imposes, Rimrock will be able to provide our clients with improved access to care and treat more patients more efficiently.

### IMPROVED PARKING

This may sound like a small issue, but having ample, convenient parking will make more of a difference than one might think. Often, the hardest part of one's journey to recovery is walking through the door to get help for the first time. By simply providing our clients with improved parking, we can make those first steps and each visit afterward much easier.

### IMPROVED INFRASTRUCTURE

Rimrock faces ongoing, exacerbating challenges with plumbing, wiring and an aging elevator. Additionally, we have occupied every available space in the aging building, and there is nowhere to grow to support the needs of our patients.

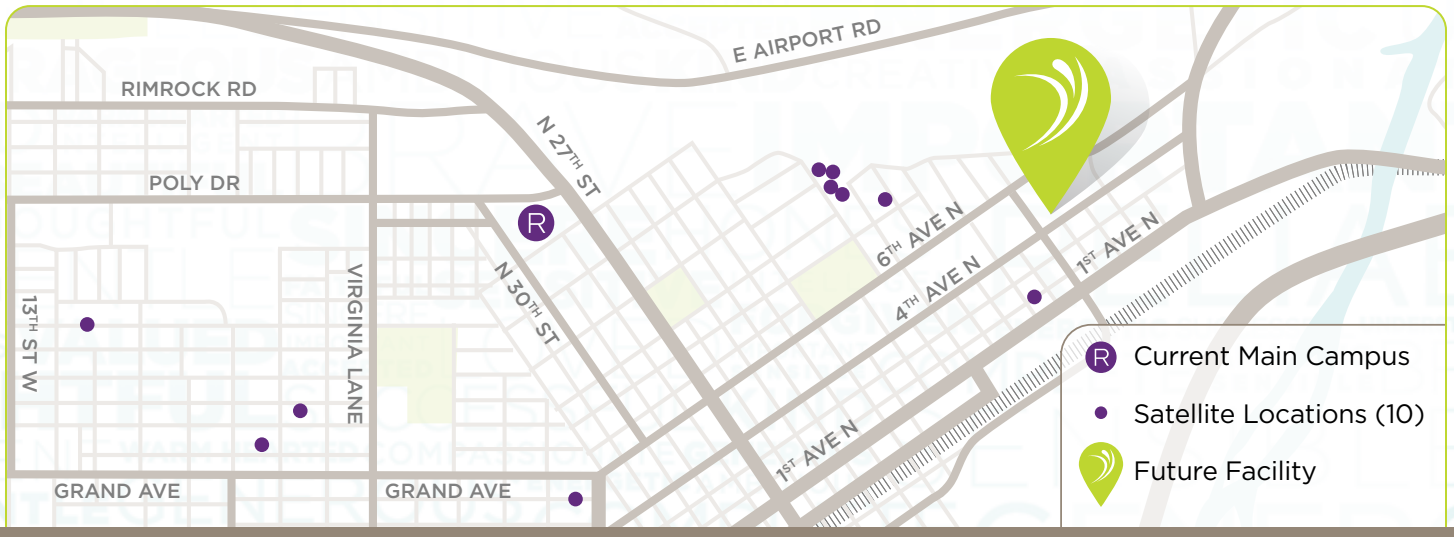
***In the midst of the already challenging COVID-19 pandemic, Rimrock experienced a catastrophic failure of our building's sewage system.***

### IMPROVED PATIENT CARE SERVICES

Rimrock has never had the space to prepare patient meals. Three times a day, every day of the year, we depend on a vendor to provide food.

Currently, our rooms are double occupancy. In the crucial first steps to recovery in detoxification, patients who are ill lack the privacy and dignity they deserve.

Rimrock provides services from our main facility in the medical corridor and ten satellite locations. Having our staff and treatment resources spread across the city is inefficient and adds to operating costs. Consolidating our facilities to one site will allow us to provide consistent and timely access to care for our patients. Not only will Rimrock's new facility double our space, it will provide the opportunity for us to grow.



# BUILDING RECOVERY

## Building Recovery at Rimrock… by Strengthening Our Services

When Rimrock was first established in 1968, our focus was primarily on alcoholism. In recent years, Yellowstone County, like the rest of the nation, has experienced record numbers of people struggling with numerous SUDs and mental health issues. And now, the COVID-19 pandemic has resulted in an explosion of addiction and mental health challenges for our region. With the need for treatment growing, Rimrock must do more.

### STRENGTHENED SERVICES FOR INDIVIDUALS

As well as provide space to accommodate the burgeoning need for services, the new facility will allow for dedicated space to provide tailored treatment programs for veterans, Native Americans, moms, LGBTQ+ and other groups to assure their specific needs are addressed.

We will be able to better support patients after their discharge from treatment with strengthened access to our Rimrock Connect mental health and substance use telehealth services.

### STRENGTHENED SERVICES FOR THE COMMUNITY

Expanded space increases Rimrock's ability to continue doing more for our community. We are an active partner with dozens of local agencies in education, healthcare, family services, law & justice and more. Our work with these partners is vital to our community and our region. None of us can do this important work alone; we need each other to keep moving our community towards a safer, healthier and brighter future.

Our new facility will allow Rimrock to host more in-person training and collaborative work sessions. Making connections in our community is vital to address the effects that untreated SUD and mental health have on all of our lives.

Rimrock's Mobile Crisis Response team works with local law enforcement to prevent acute psychiatric crises from becoming emergencies that require law enforcement involvement or involuntary hospitalization. The goal is to de-escalate the crisis and safely connect the client with care and mental health resources, which also prevents the community from experiencing a crisis.

The Program of Assertive Community Treatment (PACT) is an important expansion of services where we meet people, where they're at, in the community to help them achieve improved mental health.

"I'm so proud of how this community has come together over the last few years. We've figured it out pretty fast that none of us can do it alone."

***Lenette Kosovich***
*RN, MHA, Chief Executive Officer*

"Healthy communities have healthy economies."

***Jeffrey Keller***
*Commercial Relationship Manager at First Interstate, Rimrock Board Chairman*

## Building Recovery at Rimrock… by Investing in Our Community

For over fifty years, Rimrock has invested in the health, wellbeing and success of our community. Rimrock's continued commitment to providing top-level SUD and mental health care has positioned Billings as a leader in the region and the nation for these services. Our investment in training, technology, and our staff benefits not only our patients, but their families, their coworkers and employers, their schools, their friends and the entire community.

Our dedicated staff has also committed thousands of hours of volunteer time to provide support for our community partners and for individuals and their families in recovery, as well as education and outreach in the community. Our team is truly invested in those we serve and in the place we call home, and for that we are beyond grateful and proud.

▶ ***Now, we are asking for our community to invest in our mission and join us on the path towards a brighter future for Billings and beyond.***

## Solution • Goals • Scope • Budget Estimate • Summary

### Building Recovery at Rimrock… Join Us!

As the leading provider of SUD and co-occurring mental health treatment in the Rocky Mountain West for the past fifty years, Rimrock needs to position our organization to remain in the forefront for the next fifty years. The continued recovery of our clients and our community requires we take action now.

To lead our region out of the current crushing impacts of untreated mental health needs and SUDs, Rimrock envisions a new campus on five acres in Billings that will bring all services to one location.

- A centralized campus that will improve services for all patients, expand dedicated treatment programs for veterans, Native Americans, moms and other groups, and maximize our staff's ability to care for our patients.
- Increased capacity providing nearly twice the space for programs, doubling inpatient beds and optimizing telemedicine facilities.
- A neighborhood-like environment designed to provide private, dignified space for treatment that prepares our clients to face the challenges they may face while in recovery.

"Our new building will allow our staff to be on one campus so we can maximize our resources and focus on wellness."

***Christi Beals***
*RN, BSN, MBA, Chief Nursing Officer and Senior Director of Admissions/Inpatient Services*

## PROJECTED BUDGET

| | |
|---|---|
| Tax-Credit Enhanced Financing | 4,000,000 |
| Fundraising | 7,000,000 |
| Sale of Existing Assets & Property | 3,000,000 |
| Traditional Financing | 10,000,000 |
| | **24,000,000** |

To realize this vision, Rimrock is embarking upon our "Building Recovery at Rimrock" capital campaign, a $7 million drive to help fund our new state-of-the-art facility. The total cost of the project is expected to be $24 million. Rimrock will make up the balance of the project through savings, property sales, tax credits and a loan to be paid through existing revenue streams.

We invite you to be a part of this transformative project that will have a lasting impact on every aspect of our community. From the health of our residents to the health of our economy, your investment will ensure that Rimrock remains a safe, welcoming place where we can grow and succeed together.

***Join Us in Building Recovery at Rimrock.***

"Better connectivity and the ease of access into services results in better patient care."

***Coralee Schmitz***
*MS, MBA, MAC, Chief Operations Officer*

***Ask about our exclusive opportunities for naming dedications on our new campus and help us to provide the best care possible for years to come.***

BUILDING RECOVERY AT RIMROCK

RIMROCK

LEADING ADDICTION TREATMENT

1231 N 29th St
Billings, MT 59101

**P** 406.248.3175
**T** 800.227.3953
**F** 406.248.3821