

**Rimrock Qualifying Education components for counselors seeking LAC status per ARM 24.154.407**

<p>Chemical Dependency Assessment, ASAM Placement <b>(60 hours)</b></p>	<p>ACLCL will observe a Biopsychosocial assessment and practice doing assessments with supervisor. ACLCL will then, with the guidance of the supervisor, create an appropriate treatment plan for the “patient.” ACLCL will also read about and practice identifying the stages of change for ASAM patient placement.</p>
<p>Addiction Counseling <b>(90 hours)</b></p>	<p>Observe/Co-Facilitate a group that is assigned by supervisor, including family therapy, intensive outpatient group, family support group and individual counseling.</p>
<p>Pharmacology <b>(30 hours)</b></p>	<p>Patient Care Monitoring (PCM): case staffing with psychiatrist, nursing manager, primary counselor, and program supervisor. ACLCL will observe at least 3 PCM sessions <b>(9 hours)</b>. ACLCL will be able to identify the signs and symptoms of withdrawal and tolerance for drug classifications <b>(9 hours)</b>. ACLCL will take and pass a quiz on basic pharmacology <b>(12 hours)</b>.</p>
<p>Professional and Ethical Responsibilities specific to Addiction Counseling <b>(15hours)</b></p>	<p>ACLCL will attend clinical supervision sessions and be presented with ethical dilemmas and appropriate responses. ACLCL will understand the difference between HIPAA and 42 CFR part 2.</p>
<p>Alcohol &amp; Drug Studies <b>(30 hours)</b></p>	<p>ACLCL will sit in on the following lectures: Emotional Compulsion, Psychological Dependency, Mental Obsession, Self-Esteem and Addiction, Defense Mechanisms and Addiction, Sick-Love Relationships, Defeating Beliefs, What is Addiction?, Relapse, Whole-Person Illness, and Codependency, The 1<sup>st</sup> Step. <b>(14 hours)</b></p> <p>Videos to be checked out from Hugh: “Alcohol/the Mind, Alcohol/the body”, “Co-Occurring disorders”, “Meth: deciding to live”, “Marijuana; escape to nowhere”, “Roots of addiction.” <b>(5 hours)</b></p> <p>Read “The Essentials of Chemical Dependency” by the McAuliffes. <b>(10 hours)</b></p> <p>They will also complete a quiz <b>(1 hour)</b></p>
<p>Addiction Treatment Planning and Documentation <b>(35 hours)</b></p>	<p>ACLCL will observe and practice, under supervision of a qualified LAC, utilizing the ASAM placement criteria to create and implement a treatment plan. ACLCL will observe and co-facilitate the group and individual sessions that help the patient to work towards and meet their treatment plan objectives. ACLCL will practice documentation skills including, but not limited to, the essential components of a progress note, insurance reviews, and other forms of documentation that demonstrate the treatment plan appropriateness and progress of the patient.</p>
<p>Multicultural Competency <b>(15 hours)</b></p>	<p>ACLCL will sit in on and participate in a Multi-Cultural Lunch &amp; Learn in-service. ACLCL will, under the supervision of a qualified LAC, observe biopsychosocial assessment and treatment planning sessions of a Native American patient. ACLCL will observe group and individual sessions with Native American or other minority patients</p>
<p>Gambling Assessment <b>(30 hours)**</b></p>	<p>Learn the pertinent details of assessing for gambling disorder. Learn what questions to ask including specifics about cultural, gender, and technology aspects that may impact diagnosis. Also learn strategies to address gambling disorder in the therapeutic setting. Skills to address in individual and groups settings and what task work can be useful.</p>

Co-Occurring Disorders <b>(30 hours)**</b>	ACLCL will be able to identify signs and symptoms of common co-morbid disorders such as anxiety, depression, and bipolar disorder. ACLCL will attend PCM sessions and psychiatric assessments
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*\*\*Gambling Assessment and Co-Occurring categories combined equals the 30 required hours for Co-Occurring under ARM 24.154.407*