



**INPATIENT FAMILY WEEK SCHEDULE**  
**Main Facility, Ada's House, Cedar Way, Michel's House,**  
**True North (Women), White Birch**

<b><u>SUNDAY</u></b>		
3:15pm-4:30pm	Orientation to Family Week	Room #311
<b><u>MONDAY</u></b>		
8:30am-9:30am	Addiction: Sick Love Relationship	Room #311
9:30am-11:30am	Co-Dependency: It's Not My Problem	Room #311
1:00pm-3:00pm	Family Support Group/Room Assignments	2 <sup>nd</sup> Floor Cafeteria
3:15pm-4:00pm	Learn about Sober Living and Continuing Care	Room #311
4:00pm-5:00pm	"Beyond Opiates"	Room #106
<b><u>TUESDAY</u></b>		
8:30am-9:15am	Lecture: Relapse Prevention	Room #311
9:30am-11:30am	Group with Resident	Your Family Member Group Room
1:00pm-1:45pm	Lecture: Addiction and the Brain	Room #311
2:00pm-4:00pm	Family Support Group	Your Assigned Group Room
<b><u>WEDNESDAY</u></b>		
8:30am-9:15am	Lecture: Communication 101	Room #311
9:30am-11:30am	Group with Resident	Your Family Member Group Room
1:00pm-1:45pm	Lecture: Defeating Beliefs	Room #311
2:00pm-4:00pm	Group with Resident	Your Family Member Group Room
4:00pm-5:00pm	Family Visiting/1:1	
<b><u>THURSDAY</u></b>		
8:30am-9:30am	Lecture: Family Sculpting	Room #311
9:30am-11:30am	Family Support Group	Your Assigned Group Room
1:00pm-3:00pm	Group with Your Resident	Your Family Member Group Room
3:00pm-4:00pm	Lecture: The Power of Living Recovery	Room #311
4:00pm-5:00pm	Family Visiting/1:1	

**\*\*Lunch on your own each day from 11:30am-1:00pm**